



The Hope Hop for METAvivor April 25, 2015

Name: _____ Gender: (circle one) M F

Age: _____

Phone: _____ Email: _____

Mailing Address: _____

Race: (circle one) 5K run/walk 1 mile kid's fun run

T-shirt size: (circle one) YS YM YL S M L XL 2XL

Fees: (circle one) \$20-5K \$15-kids fun run Donation only

You need to have your form in by (insert date). If not, \$5 addition. If you want a free t-shirt please turn in your order form by (insert date). Held at Thousand Hills Lake State Park: 5K-starts at 9 AM and kids run-starts at 10 AM. Thank you for supporting breast cancer research!

Waiver: By signing, you accept this waiver and disclaimer. By participating I do so at my own risk. I assume all risk of injury, illness, damage of loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the event. I agree on behalf of myself to release and discharge the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees from any and all claims or causes of action arising out of their negligence. I will hold harmless the Adair County Family YMCA and all of its sponsors, volunteers, and agents. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the event without compensation. METAvivor Research and Support is a non-profit organization dedicated to providing support for women and men with metastatic breast cancer (MBC) and funding research to transition MBC from a terminal illness to a controlled, chronic condition.

(If you are under 18, please have a parent/guardian sign)

Sign Here: _____